**Instructions for receiving video links through Vimeo:**

1. If you don’t already have a Vimeo account, please create one at [https://vimeo.com](https://vimeo.com/)  (a Vimeo Basic is all you need and it’s free).
2. Log in to your account.
3. Type “Challenge Success” (using quotes) into the search box in the upper right hand corner.
4. Use the “Show results for” menu on the left hand side and select “people.”  This should bring you to the Challenge Success page with our logo.
5. Click on the blue +Follow button. It should switch to a green Following button. Challenge Success will then follow you back and be able to share a video recording with you privately).